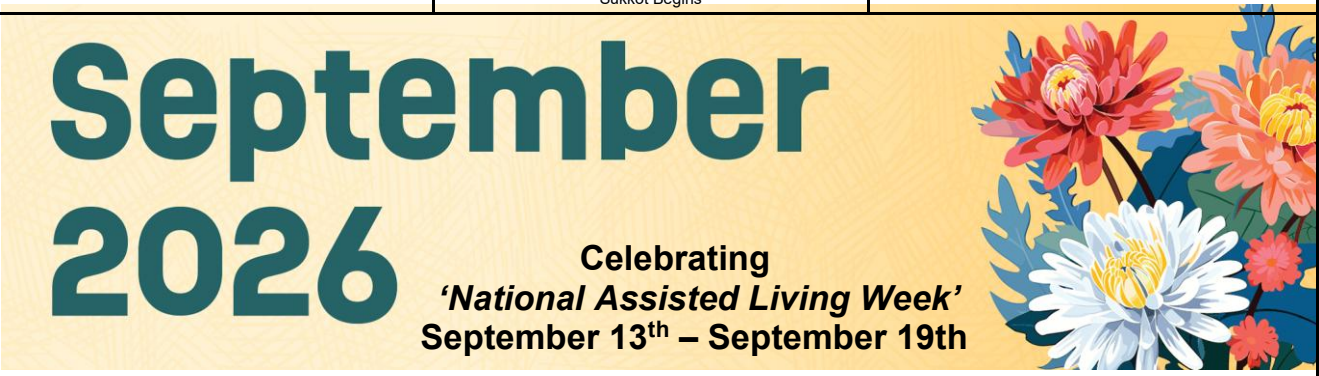


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Kingsland Walk Assisted Living 868 Kingsland Ave. University City, MO 63130 314-955-6884 www.kingslandwalk.com		1	2	3	4	5
		9:30 Morning Stretch MR 10:00 Bean Bag Toss MR 11:00 Lucky 12 MR 1:00 Walmart Run 2:30 MOVIE “9 TO 5” featuring Dolly Parton T/C	9:30 Music Therapy DR 10:00 Music Appreciation THE GRATEFUL DEAD T/C 11:30 Chinese Lessons MR 1:30 Social Hour ‘Vodka & Cranberry Cocktail’ DR 3:00 BINGO MR	10:00 Cooking Class: Chicken Soup DK 11:00 Pass the Trash MR 2:00 NEWSPAPER RACE DR 3:00 Left Right Center MR	10:00 Exercise With Jenny TG 11:00 BIZ WHIST w/ JoAnn MR 1:30 UNO MR 2:30 Happy Hour DR Labor Day Celebration	10:00 Saturday Showing (Resident Choice) 3:00 Puzzles
	6	7	8	9	10	11
	10:00 Virtual Church T/C 1:30 Table Talk MD 3:00 Mah- Jong PDR	9:30 Coffee & Conversation DR 10:00 Yahtzee MR 11:30 Wii Bowling T/C 1:30 Worship & Devotion with Communion T/C 3:00 BINGO MR Labor Day	9:30 Morning Stretch MR 10:00 Bean Bag Toss MR 11:00 Lucky 12 MR 1:00 Schnucks Run 2:30 MOVIE “FUNNY GIRL” T/C	9:30 Music Therapy DR 10:00 Music Appreciation WHITNEY HOUSTON T/C 11:30 Chinese Lessons MR 1:30 Social Hour ‘Old Fashion’ DR 3:00 BINGO MR	10:00 Cooking Class: Beef Pot Pie DK 11:00 Pass the Trash MR 2:00 FLOOR BOWLING DR 3:00 Left Right Center MR	10:00 Exercise with Jenny TG 11:00 BIZ WHIST w/ JoAnn MR 1:30 UNO MR 2:30 Happy Hour DR Rosh Hashanah Begins
10:00 Virtual Church T/C 11:30 – 1:30 Grandparents Day Brunch –Families R.S.V.P. at the Concierge Desk 1:30 Table Talk MD 3:00 Mah- Jong PDR Grandparents Day	9:30 Coffee & Conversation DR 10:00 Nail Care MR 12:00 “Nacho Average Community” Amazing Nacho Lunch 11:30 Wii Bowling T/C 1:30 Worship & Devotion T/C 3:00 BINGO MR	9:30 Morning Stretch MR 10:00 Bean Bag Toss MR 11:00 Lucky 12 MR 1:00 Casino Outing 2:30 MOVIE “FINDING JOY” T/C “Rocking Through the Decades” – dress-up day	9:30 Music Therapy DR 10:00 Music Appreciation ELTON JOHN T/C 11:30 Chinese Lessons MR 1:30 Social Hour ‘Strawberry Daiquiri’ DR 3:00 BINGO MR All-day – You’re a Star Scavenger hunt	10:00 Cooking Class: Greens Gumbo DK 11:00 Pass the Trash MR 1:30 Resident Council MR 2:00 FLOOR GOLF DR 3:00 Left Right Center MR “Shining Through Colors” Floor Decoration Contest	10:00 Exercise With Jenny TG 11:00 BIZ WHIST w/ JoAnn MR 1:30 UNO MR 2:30 Shining Star Celebration – with Entertainment Happy Hour DR	10:00 Saturday Showing (Resident Choice) 1:30 – 2:30 “Keeping I cool” Beverage Bar – MDR 3:00 Puzzles Oktoberfest Begins
10:00 Virtual Church T/C 1:30 Table Talk MD 3:00 Mah- Jong PDR Yom Kippur Begins	9:30 Coffee & Conversation DR 10:00 Nail Care MR 11:30 Wii Bowling T/C 1:30 Worship & Devotion T/C 3:00 BINGO MR	9:30 Morning Stretch MR 10:00 Bean Bag Toss MR 11:00 Lucky 12 MR 1:00 Dollar Tree Run 2:30 MOVIE “SINGING IN THE RAIN” T/C Autumn Begins	9:30 Music Therapy DR 10:00 Music Appreciation JOHNNY CASH T/C 11:30 Chinese Lessons MR 1:30 Social Hour ‘Jungle Bird’ DR 3:00 BINGO MR	10:00 Cooking Class: Cake Pops DK 11:00 Pass the Trash 2:00 HORSE RACES DR 3:00 Left Right Center	10:00 Exercise With Jenny TG 11:00 BIZ WHIST w/ JoAnn MR 1:30 UNO MR 2:30 Happy Hour & Monthly Birthday Party DR Sukkot Begins	10:00 Saturday Showing (Resident Choice) 3:00 Puzzles
10:00 Virtual Church T/C 1:30 Table Talk MD 3:00 Mah- Jong PDR	9:30 Coffee & Conversation DR 10:00 Nail Care MR 11:30 Wii Bowling T/C 1:30 Worship & Devotion T/C 3:00 BINGO MR	9:30 Morning Stretch MR 10:00 Bean Bag Toss MR 11:30 Lunch Outing GITTO’S ON THE HILL 2:30 MOVIE “The Pelican Brief” T/C	9:30 Music Therapy DR 10:00 Music Appreciation RAY CHARLES T/C 11:30 Chinese Lessons MR 1:30 Social Hour ‘Mai Tai’ DR 3:00 BINGO MR	 September 2026 Celebrating ‘National Assisted Living Week’ September 13th – September 19th		